

Ranger & Ranger Leader Lightweight Camp Training



When: 7pm Friday 31st March to 5pm Saturday 1st April 2006 (*make sure you have your dinner before you come*).

Where: Codlin Glade, Otimai, West Coast Road, Oratia

Cost: \$12 + food which pairs organize themselves

Who: Rangers, Ranger Leaders and Young Leaders

What to bring:

Each person:

Pack & Pack liner
Walking boots
Waterproof jacket and pants
Polar fleece/woolen jumper
Underwear
2 pairs of woolen socks per day
Woolen hat and gloves
Thermal top and long johns
Long trousers
Shorts & t-shirt
Sun hat
Sleeping mat
Warm sleeping bag
Clothes to sleep in

In pairs:

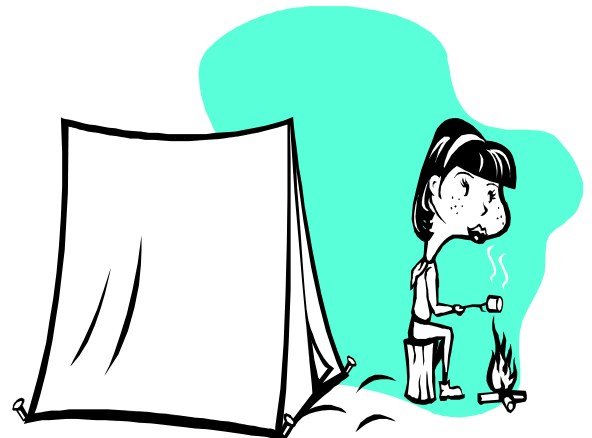
Tent
Compass and map
Gas cookers, gas pots etc
Dishwashing equipment
Matches

Torch
Insect repellent
Toiletries and toilet paper
Drinking Water (at least 1.5L)
Groundsheet
Plastic bag
Whistle
Pen and paper
Personal first aid kit
Plate, mug, utensils etc
Matches
Other footwear
Togs and small towel
Survival kit

Water
Party first aid gear
Rope
Breakfast, drinks, snacks, lunch

Prior to camp: meet with your pair and plan menu for breakfast and lunch; purchase your food as a pair and arrange to pick up group gear.

Questions? If you have any questions, or do not have a partner, please ask your leader or call Jen on 833 6787 or 021 126 2968.



PERMISSION SLIP AND HEALTH FORM

I will be attending the Lightweight Camp Training from 31 March – 1 April 2006.

Name: _____

Address: _____

Phone: _____

Emergency Contact Number: _____

Parent(s) names: _____

Unit: _____ Senior Guide / Ranger / YL

Partner's Name: _____

HEALTH FORM

Does your daughter have any medical conditions we should be aware of (eg Asthma, allergies) including food.

Is there any aspect of your child's health we should be aware of or any concerns you may have? (If you would like to discuss with the organizers, please call Jen on 833 6787).

Parent Name: _____

Signed: _____

Please complete the permission slip and health form and return with \$12 and SSAE to:

Jen Triggs
53 Redwood Drive
Massey
Ph: 833 6787

by 27 March 2006

